

# DSE Assessors Course: One Day



## Who should attend?

Office managers, health and safety managers, supervisors, and anyone working with visual display screen equipment.

## Course Objectives and Expected Outcomes

To provide delegates with the competency to carry out Display Screen Equipment Workstation Assessments and provide basic advice on how to improve the general layout to prevent users sustaining any related injuries. Trained assessors may need to seek advice on medical related matters and are not qualified to provide medical related recommendations.

This course will train **you how to assess workstations** and provide you with information to **ensure that the workstation and working environment are satisfactory for all employees**. You will learn how to meet your responsibilities under health and safety legislation and **minimise your exposure to risk**.

- Perform DSE workstation assessments in accordance with legislation and most recent guidance
- Check that all related workstation equipment is suitable for the user and that the workstation is set up appropriately
- Understand how musculoskeletal injuries occur and how they can be prevented
- Be able to provide advice to the user so that he or she can avoid the risk of physical, visual and stress discomfort
- Be equipped with a solid understanding of the assessment process, which is backed up in the accompanying handbook.

## Course Overview

- The legal requirements & duties
- Working environment/Lighting
- Workstation set-up
- The hazards of poor set-up
- Potential adjustments
- Practical Work-station self-assessment
- Reporting & Recommendations
- Health & Preventative Measures

Note: Max No. Of Delegates: 12

Certificate Valid: 2 years

## Further information

Please contact the office for costs and further details on Tel: 020 8875 0700 or e-mail: [mail@tetraconsulting.co.uk](mailto:mail@tetraconsulting.co.uk)



## Health & Safety

Risk Assessment

Compliance Audit

Training

Consultancy

## Fire Safety

Risk Assessments

Compliance Audit

Log Book and Fire Drawings

## Asbestos

Surveys

Reinspections

Project Management

Expert Witness

## Water Hygiene

L8 Risk Assessment

Water Hygiene Monitoring

## Energy Management

EPCs

Air Conditioning Surveys

Energy Audits

## Working at Heights

Consultancy

Supply of Equipment

## Food Hygiene